



# PENNY FARTHING

C O W B R I D G E

## BREAKFAST & BRUNCH

### Croissants

A Choice of Freshly Baked Pain Au Chocolate or French Butter Croissant (V) £2.95

### Toast

All Served with Butter, Jam or Marmalade Granary, Sourdough or Gluten Free Toast, Toasted Muffins, Toasted Teacake £2.95

### Proper Porridge

British Jumbo Oats & Fresh Milk, Berry Compote or Honey (V) £6

### Organic Free Range Eggs

Served with A Toasted Muffin, Poached Eggs & Hollandaise

**Eggs Benedict;** with Ham £8.95

**Eggs Florentine;** with Spinach £8.95

**Eggs Royale;** with Smoked Salmon £8.95

### The Penny Farthing Breakfast

Welsh Pork Sausage, Grilled Back Bacon, Black Pudding, Choice of Egg, Button Mushrooms, Hash Brown, Baked Beans, Toasted Muffin £9.75

### Plant Based Breakfast

Plant Based Sausage, Avocado, Hash Brown, Button Mushrooms, Grilled Tomatoes, Baked Beans, Spinach, Sourdough Toast (VG) £9.75

### Gluten Free Breakfast

Grilled Back Bacon, Choice of Egg, Baked Beans, Button Mushroom, Grilled Tomatoes, Spinach, Gluten Free Toast £9.25

### Extras +£1.25

Grilled Welsh Pork Sausage, Grilled Back Bacon, Plant Based Sausage, Choice of Egg, Wilted Spinach, Button Mushrooms, Hash Browns, Baked Beans, Grilled Tomato, Black Pudding, Toast, Toasted Muffin

### Breakfast Bun

Choice of Grilled Back Bacon, Welsh Pork Sausage, Fried Egg, Plant Based Sausage. All Served in a Brioche Bun. 1/2/3/ filling £4.95/£5.95/£6.95

### American Style Pancake Stack

Fresh Fruit, Maple Syrup & Crème Fraiche (V) £8.50 Add Smoked Streaky bacon +£2

### Toasted Banana Bread

Topped with Peanut Butter, Crème Fraiche, Fresh Fruit & Flaked Almonds (V) £8.50

### Smashed Avocado

Sourdough Toast, Mint & Lemon Dressing, Dried Chilli Flakes & Cracked Black Pepper (VG) £8.50

Add:

Poached Free Range Organic Farm Eggs £2

Streaky Smoked Bacon £2.50

Scottish Smoked Salmon £3

## SANDWICHES

Served with Salad Garnish and Choice of Bread (GFO) All £6.50

**Organic Free Range Egg Mayonnaise (V)**

**Organic Egg Mayo & Crispy Bacon**

**Cheddar & Onion Chutney (V)**

**Crushed Avocado & Tomato (VG)**

**Brie & Cranberry (V)**

**Cured Ham & Cheddar**

**Smoked Salmon & Cream Cheese**

**Prawn & Marie Rose Sauce**

## AFTERNOON TEA

Indulge in a Quintessential Afternoon Tea Comprising of;

A Selection of Sandwiches

Homemade Scone, Clotted Cream & Jam

A Selection of Farthings' Homemade Cakes.

A Pot of Tea or Cafetière Of Coffee.

Available Wednesday to Saturday from 3pm £19 per person. Pre Booking Only

## SIDES

Sweet Potato Fries £3.50

Chips £3.50

Crushed New Potatoes £3.50

New Potatoes £3

Bowl of House Coleslaw £3

Garlic Ciabatta £3

Side Salad £3

## LIGHT BITES

### Today's Soup

Toasted Sourdough Bread (V) (GFO) £5.95

### Leek & Caerphilly Cheese Glamorgan Sausages

Mixed Leaves, Plum & Apple Chutney (V) £7.50

### Breaded & Deep-Fried Brie

Mixed Leaves and Redcurrant Jelly (V) £7.50

### Homemade Mini Fishcakes

Mixed leaves & Sweet Chilli Sauce £7.95

### Creamy Garlic Button Mushrooms

Toasted Sourdough Bread (V)(VGO) £6.95

### Bloody Mary Prawn Cocktail

Toasted Sourdough £7.95

### Abbi's Quiche of The Day

Salad Garnish & House Slaw £8.95

## FARTHING'S SALAD

Mixed leaves, Red Onion, Roast Butternut Squash, Orange Segments, Sesame & Almonds £8

Add:

Streaky Smoked Bacon £2

Scottish Smoked Salmon £3

Southern Fried Chicken £4

Deep-Fried Brie £4

Mini Fishcakes £4

Avocado £3

Quiche of The Day £4

## MAINS

### Fish & Chips

Pale Ale Batter, Mushy Peas & Tartar Sauce £13.95

### Tomato & Basil Penne Pasta

Grated cheddar (V)(VGO) £11.50

### Classic Welsh Beef Lasagne

Garlic Ciabatta, Garnish, Choice of Potato £12.50

### Roasted Butternut Squash Tagine

Moroccan Couscous & Yoghurt Drizzle (V)(VGO) £12.50

### Pan Fried Fillet of Salmon

New Potatoes, Wilted Spinach & Hollandaise Sauce (GF) £13.95

### Penny Farthing Burger

100% Welsh Steak Mince, Crispy Bacon, Cheddar & Tomato Relish £12.50

### Southern Fried Chicken

Choice of a Burger or Wrap, with Gem Lettuce, Tomato & Garlic Mayo £12.50

### Beyond Meat Plant Based Burger

Gem Lettuce, Tomato & House Relish (VG) £13.50

### Warm Shredded Duck Wrap

Cucumber, Spring Onion & Hoisin Sauce, Choice of Potato £11.50

### Fish Pie

Chunks of Salmon, Cod & Smoked Haddock, Topped with Cheesy Mash, Peas & Salad Garnish £12.50

### Welsh Beef Pie

Diced Welsh Beef in a Rich Welsh Beer Gravy, Puff Pastry Lid, Choice of Potato £12.50



# PENNY FARTHING

## C O W B R I D G E

### CHILDREN'S MENU

Available for children 12 and under

<b>Tomato Penne with Cheddar</b>	£5.50
<b>Cheddar &amp; Ham Linguine</b>	£5.50
<b>Cod Fish Fingers with Chips or Smileys</b>	£5.50
<b>Chicken Nuggets with Chips or Smileys</b>	£5.50
<b>Sausage with Chips or Smileys</b>	£5.50
<b>Baby Hot Chocolate</b>	£1.65
<b>Warm Frothy Milk</b>	£1.45

All of the above are served with a choice of peas or beans and a complimentary glass of squash or milk.

If your child is a big eater, larger sizes are available for a supplement of £1.50

Any special requests for your child's meal please don't hesitate to ask a member of staff.

### GOURMET NIGHTS

Once a month The Penny Farthing is transformed at night to a delightful fine dining restaurant, and our Head Chef creates a fabulous 6 Course Menu of seasonal local produce.

This is a chance to challenge and highlight the talents of our team of chefs! Each event will have a unique menu so please keep an eye on our notice board and social media for dates and menus, and don't forget to book early!

### HOT DRINKS

**Fresh cafetière of coffee** £2.30 For One  
£4.70 For Two  
Served with a choice of hot, cold, semi-skimmed, cream or Soya Milk

	Regular / Large
<b>Espresso</b>	£2.35 / £2.75
<b>Macchiato</b>	£2.55 / £3.50
<b>Americano</b>	£3 / £3.50
<b>Cappuccino</b>	£3 / £3.50
<b>Flat White</b>	£3 / £3.50
<b>Latte</b>	£3
<b>Baileys Latte</b>	£5.95
<b>Mocha</b>	£3.25
<b>Hot Chocolate</b>	£3.20
<b>DELUXE Hot Chocolate</b>	£3.50
<b>Extra shot</b>	£0.75
<b>Shot of syrup</b>	£0.95

<b>English Breakfast Tea</b>	£2.35
<b>The Earl of Grey</b>	£2.45
<b>Sweet Camomile</b>	£2.45
<b>Peppermint</b>	£2.45
<b>Green Tea</b>	£2.45
<b>Lemon &amp; Ginger</b>	£2.45
<b>Mixed Berry</b>	£2.45
<b>Minted Fruit</b>	£2.45
<b>De-Caffeinated</b>	£2.45

### SOFT DRINK

<b>Frobisher's Fruit Juice</b>	£3.50
Orange, Apple, Pineapple. Cranberry or Tomato	
<b>Coke &amp; Diet Coke</b>	£3
330ml bottles	
<b>Sparkling or Still Mineral Water</b>	£2.50 / £3.95
330ml / 1 litre	
<b>Cordial</b>	95p / £1.75
Lime, Orange or Blackcurrant	
<b>Belvoir - Elderflower, Raspberry Lemonade or Organic Ginger Beer</b>	£3.50
<b>Fever Tree Tonics</b>	£3
Premium, Light or Elderflower	
<b>Schweppes Lemonade</b>	£2.50
<b>Schweppes Soda Water</b>	£1.65
<b>Appletiser</b>	£3

### BOTTLES

<b>Peroni Nastro Azzuro (330ml) 5.1%</b>	£4.50
<b>Sharps Doom Bar (500ml) 4.3%</b>	£4.50
<b>Sharps Atlantic Pale Ale (500ml) 4.3%</b>	£4.50
<b>Becks Blue (275ml) 0.0%</b>	£3.25
<b>Rekorderlig Apple (500ml) 4.5%</b>	£4.95
<b>Rekorderlig Wild Berries (500ml) 4.0%</b>	£4.95

### DRAUGHT LAGER

<b>Angelo Poretti 4.8%</b>	
2/3 Pint	£3.60
Pint	£5.25

## PRIVATE HIRE

The Penny Farthing is available for private hire every evening and offers the ideal size and location for any event!

Email [mo@thepennyfarthingcowbridge.com](mailto:mo@thepennyfarthingcowbridge.com) for more info

(V) Vegetarian, (VO) Vegetarian Option, (VG) Vegan, (VGO) Vegan Option (GF) Gluten Free (GFO) Gluten Free Option

Always inform a member of the team of any allergies before placing your order as not all ingredients can be listed. Detailed allergen information is available on request. Our fish dishes may contain small bones, please take care. We cannot guarantee the total absence of allergens in our dishes.